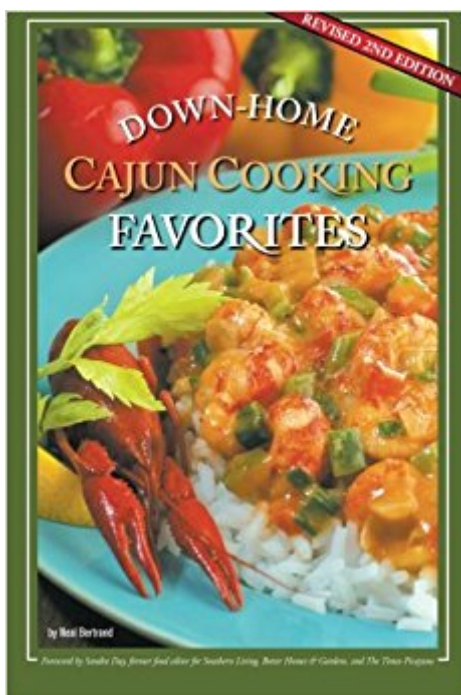


The book was found

Down-Home Cajun Cooking Favorites: The Best Authentic Cajun Recipes From Louisiana's Bayou Country, Or How To Cook Traditional Cajun Meals As If You Were Born A Cajun



Synopsis

NOTE! All three of my cookbooks are available as Kindle ebooks and paperbacks! ~ DOWN-HOME CAJUN COOKING FAVORITES, REVISED SECOND EDITION.~ ~ Now even better! ~

Down-Home Cajun Cooking Favorites takes you into the kitchens of some of south Louisiana's best home cooks. It features 140 of the most popular dishes from Cajun country, carefully selected to give a well-rounded sampling of the flavors of the region. The mouth-watering dish of~ ~ Crawfish Etouff~f~e~ ~ on the front cover is one of the all-time favorite recipes of Cajun Country.

Down-Home Cajun Cooking Favorites~ ~ is a collection of classic recipes from moms and dads, aunts and uncles, ma-moms and pa-pops from the south Louisiana region called Acadiana, or~ ~ Cajun Country. These popular recipes were contributed by down-home folks who are tremendous cooks in their own right, who learned how to cook these dishes passed down from generation to generation. You'll find Boudin and Cracklins, Boiled Crawfish and Crawfish Etouff~f~e~e, Stuffed Shrimp, Tasso, Candied Yams, Corn Maque Choux, and Smothered Okra & Tomatoes. You will enjoy Stuffed Baked Eggplant or Mirlitons, Chicken & Sausage Gumbo, as well as a variety of sauce piquantes, fricassees, stews, casseroles, appetizers, desserts, dressings, breads, and breakfast dishes like couche-couche and pain perdu. Written in clear, easy-to-follow steps, these mouth-watering dishes are waiting for you and your family. Go ahead, try them, and you, too, will cook like a Cajun! ~ ~

Book Information

Paperback: 100 pages

Publisher: Cypress Cove Publishing; 2nd Revised edition (February 1, 2011)

Language: English

ISBN-10: 0970586876

ISBN-13: 978-0970586872

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #773,863 in Books (See Top 100 in Books) #146 in~ ~ Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Cajun & Creole #172137 in~ ~ Books > Textbooks

Customer Reviews

Neal Bertrand was born and reared in Opelousas, Louisiana, in the heart of Cajun Country. He has

had experience as a farmer, gardener, cattle rancher, carpet cleaner, flooring installer, vertical blind technician, Postal worker, mail clerk for city government, and owner of a successful printing business. He designed, created and printed a nutritional product catalog, selling 140,000 of them to product distributors. He wrote, designed, printed and sold 120,000 informational sales booklets to help recruit and sponsor nutrition distributors. He has over a decade of experience as an employee of a publishing company, helping his employer publish 40 magazine issues and 16 books, several of them being cookbooks. His first published book was the bi-lingual (English & French) "Cajun Country Fun Coloring and Activity Book" which he published for the artist. He then left his employment and published his fast-selling cookbook, "Down-Home Cajun Cooking Favorites" in 2005, which has been revised and is in its second edition. The next cookbook he wrote is the very popular "Rice Cooker Meals: Fast Home Cooking for Busy People" which shows how to cook a one-pot meal in 30 minutes using a simple rice cooker. His latest cookbook is the very popular "Slow Cooker Meals: Easy Home Cooking for Busy People."

Excellent ole family recipes

i love this cookbook.

A few of these recipes have promise, but for the most part, the recipes seem to be made by people who have no clue as to what true cajun food taste like. I'm a cajun and I would not even attempt some of these.

I recently got a copy of this cookbook and was very pleased with the product. The recipes are authentic and easy to cook. It would be a great addition to anybodies kitchen.

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